Want to workout? Here's how!

Weight room spaces & Cardio machines must be reserved at
fitnessonline.asu.edu

1. Go to http://fitness.asu.edu and click on "Online Reservation System".
2. Login at the top right corner of the screen. You need to log in with your ASURITE. If you are not faculty, staff, or a student, you will need to log in with your identification number (Drivers License #) through "General Public & Guest."
3. Scroll down and click on "Cardio Equipment Reservations, Pool Lane Reservations, Weight Room Reservations, etc". (For this example we will be using "Cardio Reservations")
4. On the left-hand side of the page, under "Classifications", scroll to the campus you are scheduling a reservation for. (DTWN, Poly, Tempe, West) The "Classifications" are in alphabetical order.
5. Once you find the campus you are looking for under "Classifications", click on the equipment you wish to reserve. (Example: Tempe – South Hallway Treadmill 1)
6. To the right of "Classifications", click on "All Categories" to reserve your preferred equipement. All equipment is numbered and labeled with the location in our buildings.
7. Once selected, you will be directed to select a reservation time under "Program Instances." You may reserve equipment up to 24 hours before the reservation time, and up until 1 minute before the reservable time. Click "Register" on your selected time.
8. The SDFC Sanitation Procedure will prompt you with our policy. Click "Add to Cart."
9. The "Shopping Cart" screen will appear. Click "Checkout." There is no charge and you will be provided a receipt via your ASU email or the email you provided when you signed up for a membership. Keep the receipt to verify your reservation if needed.
10. All reservations are 50 minutes to allow time for you to sanitize the equipment after use, and for our facilities team to sanitize the area before the next reservations begin.
11. In an effort to allow the ASU community access to the SDFC, you may reserve up to 2 reservable times a day maximum.

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Build your best you

ASU

fitness.asu.edu